



MENU

KOOLKUNA OSHC



BREAKFAST *

MONDAY

Granola & Vanilla Yogurt

Lactose free yogurt

TUESDAY

Avocado on Toast

Gluten free toast

WEDNESDAY

Bacon & Egg Rolls

Dietary Options

Gluten free rolls

THURSDAY

Banana & Blueberry Smoothies

Lactose free smoothie

FRIDAY

Cheese & Vegemite Scrolls

Gluten free pastry & Lactose free cheese

AFTERNOON TEA >

Chilli Con Carne & Brown Rice

Pear & Choc Chip Crumble with Custard

Fresh Fruit Salad & Yogurt

Pesto Pasta (nut free)

Gourmet Wraps
- chicken, lettuce & mayo
- ham, cheese & tomato
- rainbow salad

Dietary Options

Gluten free crumble

Lactose free yogurt

Gluten free pasta

Gluten free wraps

LATE SNACK

Frozen Watermelon Pops

Veggie Sticks & Hommus

Popcorn

Dried Fruit Salad

Corn Chips & Salsa

Dietary Options

*This is in addition to our standard breakfast of fruit, milk, cereal, wholemeal & gluten free toast

^This is in addition to our standard afternoon tea of fruit, vegetables and mixed sandwiches